

# the Orpington

## Gluten free breakfast menu

*When ordering with your server, please specifically request dishes from the gluten free menu*

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### Breakfast cocktails

Orpington Fizz 8.20

*Blood orange, prosecco & a fizzing frozen raspberry*

Workshop Espresso Martini 10.20

*Workshop Espresso with Kahlua liqueur*

*& Finlandia vodka*

Bloody Mary 9.50

*Finlandia vodka, spicy tomato, horseradish & leafy celery*

Vaporetto Prosecco NV 6.50

Italy

*Full of lively little bubbles & has a lovely soft lemon*

*& pear fruit palate*

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### Breakfast dishes

Dippy eggs v 8.00

*Two boiled eggs, buttered gluten free soldiers & Maldon salt*

Porridge v n 6.70

*Honey, banana & hazelnuts*

Muesli v n 8.80

*Homemade muesli, Northiam Dairy yogurt*

*& fresh berries*

Almond milk porridge ve n 8.40

*Blueberries & toasted almonds*

Roasted squash on

gluten free toast ve n 13.50

*Butterbean hummus, spinach, roasted tomato,*

*mushroom & flaked almonds*

Avocado on gluten free toast v / veo 12.30

*Chilli, red onion & lime avocado topped with a*

*poached egg & crispy onions*

Roasted vine tomatoes ve 12.00

*Rocket, basil & balsamic glaze on gluten free toast*

Salt beef Benedict 13.60

*Gluten free toast, salt beef, wholegrain mustard*

*Hollandaise & poached eggs*

Classic English 13.90

*Double bacon, roasted tomato, mushroom,*

*poached eggs & gluten free toast*

Scrambled eggs v 8.40

*Buttered gluten free toast*

Smoked mackerel 16.00

*Horseradish crème fraîche on gluten free toast, spinach,*

*roasted tomato, mushroom & a poached egg*

Eggs Royale 13.80

*Gluten free toast, smoked salmon, wholegrain mustard*

*Hollandaise & poached eggs*

Bacon sandwich 7.00

*Crispy smoked bacon, Northiam Dairy butter,*

*gluten free toasted bread*

Toast & jam v / veo 5.10

*Gluten free toast with Northiam Dairy butter*

*& jam or marmalade*

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### Sides

Smoked salmon 4.90

*With lemon to squeeze*

Smashed avocado ve 4.40

*Chilli, red onion & lime*

Crispy bacon 3.30

*Two rashers of crispy, smoked streaky bacon*

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## The **gluten free** Good Morning Orpington great value breakfast set menu

Available Monday-Friday excluding Bank Holidays

Start with **the Orpington Breakfast Plate** v

Includes a muesli pot with creamy Northiam Dairy yogurt, fresh berries & honey, gluten free toast with Northiam Dairy butter, Tiptree blackcurrant jam or orange marmalade & your choice of freshly squeezed orange juice, cranberry juice or Wobblegate apple juice

Followed by your choice of  
**hot breakfast dish**

Dippy eggs v

*Two boiled eggs, buttered gluten free soldiers & Maldon salt*

Porridge v n

*Honey, banana & hazelnuts*

Scrambled or poached eggs on toast v

*Buttered gluten free toast*

Bacon sandwich

*Crispy smoked bacon, Northiam Dairy butter, gluten free toasted bread*

Plus any  
**tea or coffee**

One never enough? When dining from 'the Good Morning Orpington breakfast set menu' enjoy your second tea or coffee for the great value price of £2.50

All for just  
**£15.50**



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## Hot drinks

Americano 3.40

Cappuccino 4.00

Flat white 3.90

Latte 4.00

Espresso 3.00

Double Espresso 3.20

Macchiato 3.10

Double Macchiato 3.30

Scoonsiato 3.90

Mocha 4.40

Hot chocolate 4.10

Tea 3.40

*Breakfast, Earl Grey, peppermint, fresh mint, Darjeeling, Bengali spice, wild berry, green, decaf breakfast, fresh lemon & ginger, rooibos, camomile*

Alternative milk

*Add a milk alternative to your hot drink*

Oat ve 0.40

Soya ve 0.40

Almond ve n 1.00

*Homemade, unsweetened, raw nut milk*

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## Soft drinks

Orange juice ve 5.60

*Freshly squeezed to order*

Apple juice ve 5.20

*From Wobblegate Orchards, Bolney, Sussex*

Fruit punch ve 5.40

*Orange, cranberry, banana & apple*

Apple, celery,  
mint & lime juice ve 5.60

*Freshly pressed to order*

Coke 3.90

Diet Coke 3.80

Fentimans rose lemonade 4.00

Fever Tree ginger beer 3.30

Still / sparkling spring water 3.10

Coffee frappé v 5.80

Berry smoothie v 6.50

*Banana, honey, fresh berries & Northiam Dairy yogurt*

Iced americano 3.40

Iced latte 4.50

Iced mocha 4.80

Iced tea 3.40

v – vegetarian ve – vegan veo – vegan option available n – nuts  
We cannot guarantee the absence of allergens within our kitchen.  
Please speak to us to discuss any queries & always inform  
your server of any dietary needs or preferences

# the Orpington

## Gluten free lunch menu

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### Lunch specials

Chicken schnitzel 19.00

*Golden & crisp tenderised chicken breast with a bacon & spring onion rosti, anchovy & caper dressing*

Fish pie 20.50

*Salmon fillet, smoked mackerel & king prawns topped with buttery mash in a creamy dill sauce. Served with crushed minted peas*

### Lunch classics

Soup & bread ve 9.00

*Moroccan chickpea soup with gluten free toasted bread*

*Add smashed avocado ve 4.40*

Falafel gluten free sandwich ve 13.20

*Chickpea fritters, butterbean hummus, pink pickled onions, baby gem & sweet chilli jam. Served with paprika wedges*

*Add crunchy Asian slaw ve n 4.80*

Salt beef gluten free sandwich n 14.80

*Mayonnaise, peppery leaves & pickles. Served with crunchy Asian slaw*

*Add paprika wedges v 5.30*

Avocado on gluten free toast v / veo 12.30

*Chilli, red onion & lime avocado topped with a poached egg & crispy onions*

*Add smoked salmon 4.90*

*Add crispy bacon 3.30*

Smoked mackerel 16.00

*Horseradish crème fraîche on gluten free toast, spinach, roasted tomato, mushroom & a poached egg*

### Sides

Smoked salmon 4.90

*With lemon to squeeze*

Paprika wedges v / veo 5.30

*Lightly spiced oven baked potato wedges.*

*Served with lime mayonnaise*

Grilled house breads v / veo 4.80

*Gluten free breads with butterbean hummus & whipped yogurt*

Smashed avocado ve 4.40

*Chilli, red onion & lime*

Crunchy Asian slaw ve n 4.80

*Cashew nut, soy & ginger dressing*

Olives ve 4.50

*Harissa spiced green & black olives*

Crispy bacon 3.30

*Two rashers of crispy, smoked streaky bacon*

Lime cashews ve n 4.50

*Citrus oven baked cashew nuts*

### All day brunch

Roasted squash on gluten free toast ve n 13.50

*Butterbean hummus, spinach, roasted tomato, mushroom & flaked almonds*

Classic English 13.90

*Double bacon, roasted tomato, mushroom, poached eggs & gluten free toast*

Salt beef Benedict 13.60

*Gluten free toast, salt beef, wholegrain mustard Hollandaise & poached eggs*

Eggs Royale 13.80

*Gluten free toast, smoked salmon, wholegrain mustard Hollandaise & poached eggs*

Roasted vine tomatoes ve 12.00

*Rocket, basil & balsamic glaze on gluten free toast*



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## Great value **gluten free** lunch set menu

Available Monday-Friday excluding Bank Holidays

### Starters

Soup v / veo

*Homemade seasonal soup*

Vine tomato bruschetta ve

*Rich plum tomato salsa, garlic charred gluten free breads with basil oil*

Mezze plate ve n

*Chickpea fritters, butterbean hummus, pink pickled onions, lime cashews, green & black olives*

### Main courses

Classic BLT sandwich n

*Crispy smoked streaky bacon, roasted vine tomatoes, baby gem leaves with mayonnaise. With paprika wedges & a citrus herb leaf & pistachio salad*

Avocado on gluten free toast v / veo

*Chilli, red onion & lime avocado topped with a poached egg & crispy onions*

Falafel gluten free sandwich ve n

*Chickpea fritters, butterbean hummus, pink pickled onions, baby gem & sweet chilli jam. Paprika wedges & a citrus herb leaf & pistachio salad*

### Desserts

Apple crumble pot v / veo n

*Roasted cinnamon apples with a caramel pecan crumble topping. Served with Jude's vanilla bean ice cream*

Ice cream & sorbet v / ve

*Choose two scoops from our ice cream counter*

Banoffee Sundae v

*Topped with Italian meringue*

Two-courses for £18

Three-courses for £21.50



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## Desserts

Cinnamon apple crumble v / veo n 9.40  
*Roasted cinnamon apples with a caramel pecan crumble topping.  
Served with creamy custard for pouring*

Amaretto affogato v / veo 8.80  
*Jude's vanilla bean ice cream with Workshop espresso  
& Disaronno Originale for pouring*

Ice cream & sorbet v / ve 7.40  
*Choose three scoops from vanilla, strawberries & cream,  
mint choc chip, salted caramel, black coconut, vegan  
honeycomb, lemon sorbet plus 2 guest flavours*

Banoffee pie v 9.70  
*Topped with Italian meringue & served with a shot of  
espresso for pouring*

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## Hot drinks

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Flat white 3.90

Latte 4.00

Espresso 3.00

Double Espresso 3.20

Macchiato 3.10

Double Macchiato 3.30

Scoonsiato 3.90

Mocha 4.40

Hot chocolate 4.10

Tea 3.40  
*Breakfast, Earl Grey, peppermint, fresh mint, Darjeeling,  
Bengali spice, wild berry, green, decaf breakfast,  
fresh lemon & ginger, rooibos, camomile*

Alternative milk  
*Add a milk alternative to your hot drink*

Oat ve 0.40

Soya ve 0.40

Almond ve n 1.00  
*Homemade, unsweetened, raw nut milk*

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## Soft drinks

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*Freshly squeezed to order*

Apple juice ve 5.20  
*From Wobblegate Orchards, Bolney, Sussex*

Fruit punch ve 5.40  
*Orange, cranberry, banana & apple*

Apple, celery,  
mint & lime juice ve 5.60  
*Freshly pressed to order*

Coke 3.90

Diet Coke 3.80

Fentimans rose lemonade 4.00

Fever Tree ginger beer 3.30

Still / sparkling spring water 3.10

Coffee frappé v 5.80

Berry smoothie v 6.50  
*Banana, honey, fresh berries & Northiam Dairy yogurt*

Iced americano 3.40

Iced latte 4.50

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