

the Orpington

Gluten free breakfast menu

When ordering with your server, please specifically request dishes from the gluten free menu

Breakfast cocktails

Orpington Fizz 7.80

Blood orange, prosecco & a fizzing frozen raspberry

Workshop Espresso Martini 10.20

*Workshop Espresso with Kahlua liqueur
& Finlandia vodka*

Bloody Mary 9.50

Finlandia vodka, spicy tomato, horseradish & leafy celery

Vaporetto Prosecco NV 6.10

*Italy
Full of lively little bubbles & has a lovely soft lemon
& pear fruit palate*

Breakfast dishes

Dippy eggs v 7.60

Two boiled eggs, buttered gluten free soldiers & Maldon salt

Porridge v n 6.30

Honey, banana & hazelnuts

Muesli v n 8.30

*Homemade muesli, Northiam Dairy yogurt
& fresh berries*

Almond milk porridge ve n 8.00

Blueberries & toasted almonds

Roasted squash on

gluten free toast ve n 12.80

*Butterbean hummus, spinach, roasted tomato,
mushroom & flaked almonds*

Avocado on gluten free toast v / veo 11.70

*Chilli, red onion & lime avocado topped with a
poached egg & crispy onions*

Roasted vine tomatoes ve 10.90

Rocket, basil & balsamic glaze on gluten free toast

Salt beef Benedict 12.90

*Gluten free toast, salt beef, wholegrain mustard
Hollandaise & poached eggs*

Classic English 13.10

*Double bacon, roasted tomato, mushroom,
poached eggs & gluten free toast*

Scrambled eggs v 8.00

Buttered gluten free toast

Smoked mackerel 15.20

*Horseradish crème fraîche on gluten free toast, spinach,
roasted tomato, mushroom & a poached egg*

Eggs Royale 13.10

*Gluten free toast, smoked salmon, wholegrain mustard
Hollandaise & poached eggs*

Bacon sandwich 6.60

*Crispy smoked bacon, Northiam Dairy butter,
gluten free toasted bread*

Toast & jam v / veo 4.80

*Gluten free toast with Northiam Dairy butter
& jam or marmalade*

Sides

Smoked salmon 4.90

With lemon to squeeze

Smashed avocado ve 4.10

Chilli, red onion & lime

Crispy bacon 3.10

Two rashers of crispy, smoked streaky bacon



Follow us on Facebook & Instagram.

For offers, news & events, scan the QR code & sign up for our newsletter



the Orpington



The **gluten free** Good Morning Orpington great value breakfast set menu

Available Monday-Friday excluding Bank Holidays

Start with **the Orpington Breakfast Plate** v

Includes a muesli pot with creamy Northiam Dairy yogurt, fresh berries & honey, gluten free toast with Northiam Dairy butter, Tiptree strawberry jam or orange marmalade & your choice of freshly squeezed orange juice, cranberry juice or Wobblegate apple juice

Followed by your choice of
hot breakfast dish

Dippy eggs v

Two boiled eggs, buttered gluten free soldiers & Maldon salt

Porridge v n

Honey, banana & hazelnuts

Scrambled or poached eggs on toast v

Buttered gluten free toast

Bacon sandwich

Crispy smoked bacon, Northiam Dairy butter, gluten free toast bread

Plus any
tea or coffee

One never enough? When dining from 'the Good Morning Orpington breakfast set menu' enjoy your second tea or coffee for the great value price of £2.50

All for just
£14.50



Follow us on Facebook & Instagram.

For offers, news & events, scan the QR code & sign up for our newsletter



the Orpington

Hot drinks

Americano 3.10

Cappuccino 3.80

Flat white 3.70

Latte 3.80

Espresso 2.80

Double Espresso 3.00

Macchiato 2.90

Double Macchiato 3.10

Scoonsiato 3.70

Mocha 4.10

Hot chocolate 3.90

Tea 3.10

Breakfast, Earl Grey, peppermint, fresh mint, Darjeeling, Bengali spice, wild berry, green, decaf breakfast, fresh lemon & ginger, rooibos, camomile

Alternative milk

Add a milk alternative to your hot drink

Oat ve 0.40

Soya ve 0.40

Almond ve n 1.00

Homemade, unsweetened, raw nut milk

Soft drinks

Orange juice ve 5.30

Freshly squeezed to order

Apple juice ve 4.90

From Wobblegate Orchards, Bolney, Sussex

Fruit punch ve 5.10

Orange, cranberry, banana & apple

Apple, celery,
mint & lime juice ve 5.30

Freshly pressed to order

Coke 3.90

Diet Coke 3.80

Fentimans rose lemonade 4.00

Fever Tree ginger beer 3.10

Still / sparkling spring water 3.10

Coffee frappé v 5.50

Berry smoothie v 6.00

Banana, honey, fresh berries & Northiam Dairy yogurt

Iced americano 3.10

Iced latte 4.20

Iced mocha 4.50

Iced tea 3.10

v – vegetarian ve – vegan veo – vegan option available n – nuts
We cannot guarantee the absence of allergens within our kitchen.
Please speak to us to discuss any queries & always inform
your server of any dietary needs or preferences

the Orpington

Gluten free lunch menu

When ordering with your server, please specifically request dishes from the gluten free menu

Lunch specials

Beef bourguignon 19.50

Tender slow cooked beef with wild mushrooms, horseradish potato puree, glazed carrots & green beans

Lunch classics

Soup & bread vo / veo 8.50

*Chunky minestrone vegetable & borlotti bean soup with Parmesan
Add smashed avocado ve 4.10*

Salt beef gluten free sandwich n 14.30

*Mayonnaise, peppery leaves & pickles. Served with crunchy Asian slaw
Add paprika wedges v 5.30*

Smoked mackerel 15.20

Horseradish crème fraîche on gluten free toast, spinach, roasted tomato, mushroom & a poached egg

Falafel gluten free sandwich ve 12.50

*Chickpea fritters, butterbean hummus, pink pickled onions, baby gem & sweet chilli jam. Served with paprika wedges
Add crunchy Asian slaw ve n 4.80*

Avocado on gluten free toast v / veo 11.70

*Chilli, red onion & lime avocado topped with a poached egg & crispy onions
Add smoked salmon 4.90
Add crispy bacon 3.10*

Sides

Smoked salmon 4.90

With lemon to squeeze

Smashed avocado ve 4.10

Chilli, red onion & lime

Crispy bacon 3.10

Two rashers of crispy, smoked streaky bacon

Paprika wedges v / veo 5.30

*Lightly spiced oven baked potato wedges.
Served with lime mayonnaise*

Crunchy Asian slaw ve n 4.80

Cashew nut, soy & ginger dressing

Grilled house breads v / veo 4.80

Gluten free breads with butterbean hummus & whipped yogurt

Olives ve 4.50

Harissa spiced green & black olives

Lime cashews ve n 4.50

Citrus oven baked cashew nuts

All day brunch

Roasted squash on gluten free toast ve n 12.80

Butterbean hummus, spinach, roasted tomato, mushroom & flaked almonds

Salt beef Benedict 12.90

Gluten free toast, salt beef, wholegrain mustard Hollandaise & poached eggs

Roasted vine tomatoes ve 10.90

Rocket, basil & balsamic glaze on gluten free toast

Classic English 13.10

Double bacon, roasted tomato, mushroom, poached eggs & gluten free toast

Eggs Royale 13.10

Gluten free toast, smoked salmon, wholegrain mustard Hollandaise & poached eggs



Follow us on Facebook & Instagram.

For offers, news & events, scan the QR code & sign up for our newsletter





Great value **gluten free** lunch set menu

Available Monday-Friday excluding Bank Holidays

Starters

Soup v / veo

Homemade seasonal soup

Vine tomato bruschetta ve

*Rich plum tomato salsa, garlic charred sourdough
with basil oil*

Mezze plate ve n

*Chickpea fritters, butterbean hummus, pink pickled onions,
lime cashews, green & black olives*

Main courses

Classic BLT sandwich n

*Crispy smoked streaky bacon, roasted vine tomatoes, baby
gem leaves with mayonnaise. With paprika wedges & a
citrus herb leaf & pistachio salad*

Avocado on gluten free toast v / veo

*Chilli, red onion & lime avocado topped
with a poached egg & crispy onions*

Falafel gluten free sandwich ve n

*Chickpea fritters, butterbean hummus, pink pickled
onions, baby gem & sweet chilli jam. Paprika wedges
& a citrus herb leaf & pistachio salad*

Desserts

Apple crumble pot v / veo n

*Roasted cinnamon apples with a caramel pecan crumble
topping. Served with Jude's vanilla bean ice cream*

Ice cream & sorbet v / ve

Choose two scoops from our ice cream counter

Two-courses for £17

Three-courses for £19.50



Follow us on Facebook & Instagram.

For offers, news & events, scan the QR code & sign up for our newsletter



the Orpington

Desserts

Cinnamon apple crumble v / veo n 8.90
*Roasted cinnamon apples with a caramel pecan crumble topping.
Served with creamy custard for pouring*

Amaretto affogato v / veo 8.30
*Jude's vanilla bean ice cream with Workshop espresso
& Disaronno Originale for pouring*

Ice cream & sorbet v / ve 7.00
*Choose three scoops from vanilla, strawberries & cream,
mint choc chip, salted caramel, black coconut, vegan
honeycomb, lemon sorbet plus 2 guest flavours*

Hot drinks

Americano 3.10

Cappuccino 3.80

Flat white 3.70

Latte 3.80

Espresso 2.80

Double Espresso 3.00

Macchiato 2.90

Double Macchiato 3.10

Scoonsiato 3.70

Mocha 4.10

Hot chocolate 3.90

Tea 3.10
*Breakfast, Earl Grey, peppermint, fresh mint, Darjeeling,
Bengali spice, wild berry, green, decaf breakfast,
fresh lemon & ginger, rooibos, camomile*

Alternative milk
Add a milk alternative to your hot drink

Oat ve 0.40

Soya ve 0.40

Almond ve n 1.00
Homemade, unsweetened, raw nut milk

Soft drinks

Orange juice ve 5.30
Freshly squeezed to order

Apple juice ve 4.90
From Wobblegate Orchards, Bolney, Sussex

Fruit punch ve 5.10
Orange, cranberry, banana & apple

Apple, celery,
mint & lime juice ve 5.30
Freshly pressed to order

Coke 3.90

Diet Coke 3.80

Fentimans rose lemonade 4.00

Fever Tree ginger beer 3.10

Still / sparkling spring water 3.10

Coffee frappé v 5.50

Berry smoothie v 6.00
Banana, honey, fresh berries & Northiam Dairy yogurt

Iced americano 3.10

Iced latte 4.20

Iced mocha 4.50

Iced tea 3.10

v – vegetarian ve – vegan vo – vegetarian option available
veo – vegan option available n – nuts

We cannot guarantee the absence of allergens within our kitchen.
Please speak to us to discuss any queries & always inform
your server of any dietary needs or preferences