

the Orpington

Main Dishes

Soup & bread v <i>Seasonal soup & bread</i>	5.50	Meatballs <i>Pork & beef meatballs in a rich vine tomato sauce, rigatoni pasta & Parmesan</i>	12.50
Buck rarebit <i>Bacon rarebit on sourdough, balsamic vine tomato, leaf salad & poached egg</i>	9.00	Chicken, chorizo & borlotti bean stew <i>Roast chicken, spicy sausage & bean stew with bread</i>	10.50
Avocado on toast v <i>Chilli & lime avocado topped with a poached egg & crispy onions</i>	7.90	Parmigiana v <i>Aubergine, vine tomato sauce, smoked mozzarella & herby breadcrumbs</i>	9.80
Mushrooms, blue cheese & walnuts v N <i>Grilled mushroom pate on sourdough</i>	7.90	Pan fried seabass <i>Tomato & olive salsa, garlic potatoes & caper butter</i>	16.50
Large mixed salad v N <i>A plate of all five house salads</i>	9.50		

Add 2 salads to any of the mains below

Sweetcorn fritters v <i>Avocado, whipped yoghurt & sweet chilli</i>	8.50
Salmon black quinoa cake <i>Dill crème fraîche & pickles</i>	9.50
Chorizo sausage roll <i>Spicy sausage in puff pastry & mustard mayonnaise</i>	8.50
Salt beef sandwich <i>With Dijon mustard, peppery leaves & pickles</i>	9.50

Salads

Tomato & pesto crème fraîche v N
Lentil, roasted squash & purple potato vE
Glass noodle slaw vE
Herb leaf, pistachio & orange blossom vE N
Almond, pomegranate & mint tabbouleh vE N

Extras

Smoked salmon <i>With chargrilled lemon to squeeze</i>	3.00
Avocado vE <i>With chilli & lime</i>	2.80
Chorizo <i>Spicy Spanish sausage</i>	2.80
Crab <i>With chilli, capers & lemon</i>	4.00
Bacon <i>2 rashers of crispy, smoked streaky bacon</i>	2.20

Sides

Single salad v N <i>Any house salad above</i>	3.20
House bread, butterbean hummus & whipped yoghurt v	4.50

v – Vegetarian vE – Vegan N – Nuts
We cannot guarantee the absence of allergens
within our kitchen. Please speak to staff to
discuss any queries & always inform you sever
of any dietary needs.

the Orpington

Desserts

Brownie & ice cream ^v <i>Warm salted caramel brownie, Jude's vanilla bean ice cream</i>	5.90	Cheesecake <i>White chocolate & raspberry cheesecake</i>	6.20
Ice cream & sorbet ^v <i>3 scoops of Jude's ice-cream or sorbet</i>	5.25	Banoffee pie ^v <i>With a shot of espresso for pouring</i>	6.50

Hot Drinks

Latte	2.90	Mocha	3.10
Cappuccino	2.90	Hot chocolate	3.10
Flat white	2.90	Tea <i>Breakfast, Earl Grey, peppermint, fresh mint, bengali spice, wild berry, green, decaf breakfast</i>	2.30
Americano	2.30		
Espresso	2.00		
Double espresso	2.20		
Macchiato	2.10	Almond milk ^N <i>Add our in-house made, unsweetened, raw nut milk to your hot drink</i>	0.80
Double macchiato	2.30		
Scoonsiato	2.70		

Soft Drinks

Orange juice	3.80
Apple juice	3.50
Fruit punch <i>Orange, cranberry, banana & apple</i>	3.80
Apple, celery, mint & lime juice	3.80
Coke	3.00
Diet Coke	2.90
Fentimans rose lemonade	3.00
Fever Tree ginger beer	2.50
Still spring water	2.50
Sparkling spring water	2.50

Iced

Raspberry cheesecake milkshake	4.50
Coffee frappé	4.00
Salted caramel chocolate brownie milkshake	4.50
Seasonal berry smoothie	3.80
Iced americano	2.30
Iced latte	3.20
Iced mocha	3.50
Iced tea	2.30

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Express Lunch Menu

Soup & bread v

Seasonal soup & bread

plus a choice of the following:

Sweetcorn fritter v

Avocado, whipped yoghurt & sweet chilli

Salt beef sandwich

With Dijon mustard, leaves & pickles

Salmon black quinoa cake

Dill crème fraîche & pickles

Spiced chickpea sandwich ve

*Chickpea fritters, butterbean hummus, pink
picked onions, baby gem & sweet chilli jam*

plus a choice of the following:

Orange juice

Coke / Diet Coke

Cranberry juice

Fentimans rose lemonade

or for a supplement of £2.50 choose one of the following:

Le Coste Trebbiano 175ml

*Refreshing & light-bodied with citrus flavours
& delicate perfumed notes*

Fico Grande Sangiovese 175ml

*Smooth & delicate, fresh plum,
blackberry & cherry*

Kronenbourg 1664 275ml

Light lemon & herbal flavours from the Alsace hops. A clean & bittersweet finish

£8.50 Monday to Friday 12pm – 2pm

(excluding Bank Holidays)

little Orpington

£1 from every kids main course dish will be donated to The Maypole Project by the Orpington.



Registered Charity No. 1120163

Breakfast *Served until 11.45am daily*

Dippy egg v 3.00
Boiled egg, buttered sourdough soldiers

Porridge v 2.60
Honey & banana

Classic English 6.00
Bacon, sausage, roasted tomato, mushroom, poached egg & sourdough

Pancakes v 4.50
Buttermilk pancake with banana, whipped yoghurt & maple syrup

Scrambled eggs on toast v 3.20
Buttered sourdough

Sausage sandwich 3.00

Bacon sandwich 3.00

Toast & jam v 1.80
White or wholegrain toasted sourdough with butter & seasonal jam

Lunch & Dinner

Sweetcorn fritter v 5.00
Avocado, whipped yoghurt & vegetable sticks

Chorizo sausage roll 5.00
Spicy sausage in puff pastry & vegetable sticks

Salmon black quinoa cake 5.00
Salmon cake & vegetable sticks

Soup & bread v 3.50
Seasonal soup & bread

Meatballs 6.50
Pork & beef meatballs in a rich vine tomato sauce, rigatoni pasta & Parmesan

Chicken, chorizo & borlotti bean stew 5.50
Roasted chicken, spicy sausage & bean stew with bread

Parmigiana v 5.80
Aubergine, tomato sauce, smoked mozzarella & herby breadcrumbs

Desserts

Brownie & ice cream v 3.50
Warm salted caramel brownie, Jude's vanilla bean ice cream

Fruit skewers & yoghurt v 2.10
Seasonal fruit with Northiam Dairy yoghurt

Ice cream v 1.80
Jude's ice-cream

Drinks

Orange juice 2.20

Apple juice 2.00

Fruit punch 2.30
Orange, cranberry, banana & apple

Apple, celery, mint & lime juice 2.20

Seasonal berry smoothie 2.30

Fruit cordial 1.60
Served hot or cold

Hot chocolate 1.80

Milk 1.10

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